

Signs & Symptoms of OVERPROTECTION

Dangers of too much hearing protection

In a recent CavCom Survey, occupational health and safety professionals reported seeing these symptoms of too much hearing protection in their workplaces:

25%

Removed Hearing Protectors

Removing hearing protection in order to communicate or hear warning signals can slow down production and contribute to unwanted accidents in the workplace.

38%

Wear Protectors Incorrectly

Incorrect use of hearing protectors can cause as much damage as not wearing them at all, plus employees may have a false sense of protection.

37%

Avoid Hearing Protectors

Employees that avoid hearing protectors altogether can bring down your hearing protection program and make it harder to sustain cultural buy-in.

In a recent study of facilities with moderate noise exposures, **84%** of workers were found to be using hearing protectors that provided too much noise reduction. Individuals were observed "**self-adjusting**" foam earplugs to create a poor fit (i.e. lower noise reduction) or worse, removing hearing protectors altogether in order to feel safer and in touch with their surroundings.

(Sayler et al. 2019)

Communication and a sense of safety are important.

Strengthen your hearing conservation program with the products that make sense for your environment.



Contact us for more information on custom or universal hearing protection and communication options for your workplace.

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