## **How's Your Hearing?**

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It is estimated that 40 million Americans show some form of hearing loss. The odds of hearing loss go up with age, with over two-thirds of individuals over the age of 60 having difficulty hearing high pitch sounds and 1 in 4 having difficulty hearing speech. Worse yet, many people who think they have good hearing don't even realize they already have some hearing loss.

Invest just 2 minutes of your time- take this quick <u>10 question quiz</u> to determine if it's time for you (or someone you love) to get a hearing test.

## For more information:

Who Can I Turn to for Help with My Hearing Loss? National Institute on Deafness and Other Communication Disorders

Hearing Loss and Older Adults. National Institute on Deafness and Other Communication Disorders

Hearing Loss in Children. National Center on Birth Defects and Developmental Disabilities

photo source: NIDCD, nih.gov