

# How's Your Hearing?

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It is estimated that 40 million Americans show some form of hearing loss. The odds of hearing loss go up with age, with over two-thirds of individuals over the age of 60 having difficulty hearing high pitch sounds and 1 in 4 having difficulty hearing speech. Worse yet, many people who think they have good hearing don't even realize they already have some hearing loss.

Invest just 2 minutes of your time- take this quick [10 question quiz](#) to determine if it's time for you (or someone you love) to get a hearing test.

## For more information:

[Who Can I Turn to for Help with My Hearing Loss?](#) National Institute on Deafness and Other Communication Disorders

[Hearing Loss and Older Adults.](#) National Institute on Deafness and Other Communication Disorders

[Hearing Loss in Children.](#) National Center on Birth Defects and Developmental Disabilities

*photo source: NIDCD, nih.gov*